# **What is the best mattress to use with an adjustable bed frame or a futon frame?**

For many years now, I have used both adjustable and **futon frames**. From my experience, a **futon mattress** is the most appropriate for both. Being thinner and firmer forms part of the design for futon mattresses. Such design not only significantly improves the durability and breathability of the mattress but also makes the mattress easy to fold and store if space is relatively minimal.

There are mainly three kinds of futon mattresses:

* **Innerspring Futon Mattresses**: These mattresses have a layer of innerspring encased in foam or cotton. They offer a great economy compared to other futon mattresses, and the firm support for sleeping is more substantial. While this is great for those who prefer firmer mattresses, this firmness may be too pronounced for other users.
* **Foam Futon Mattresses**: These are made of a foam layer, usually covered in cotton or polyester. They're almost always softer than the innerspring models and provide a plush, comfortable feel. They will work well for those who like a softer sleeping surface.
* **Hybrid futon mattresses**: Hybrid futon mattresses combine innerspring and foam to achieve a compromise between comfort and support. They are generally more expensive than the other types but provide a balanced feel many find appealing.

Choose a **futon frame and mattress** based on your personal comfort preferences. If you want a firmer mattress, an innerspring variety should be considered. If you want a softer and more cushioned feel, a foam futon mattress is in order. Otherwise, if you would like a mixture of both, the hybrid mattress will serve you fine.

Anyone seeking quality futon mattresses should not go anywhere except East West Futons. The company offers an extensive collection of futon mattresses, **platform bed frame**, and accessories like covers and pillows. I have used an East West Futon mattress for several years, so I know it's comfortable and sturdy. East West Futons would be the best place for anyone searching for high-quality futon mattresses or frames.

